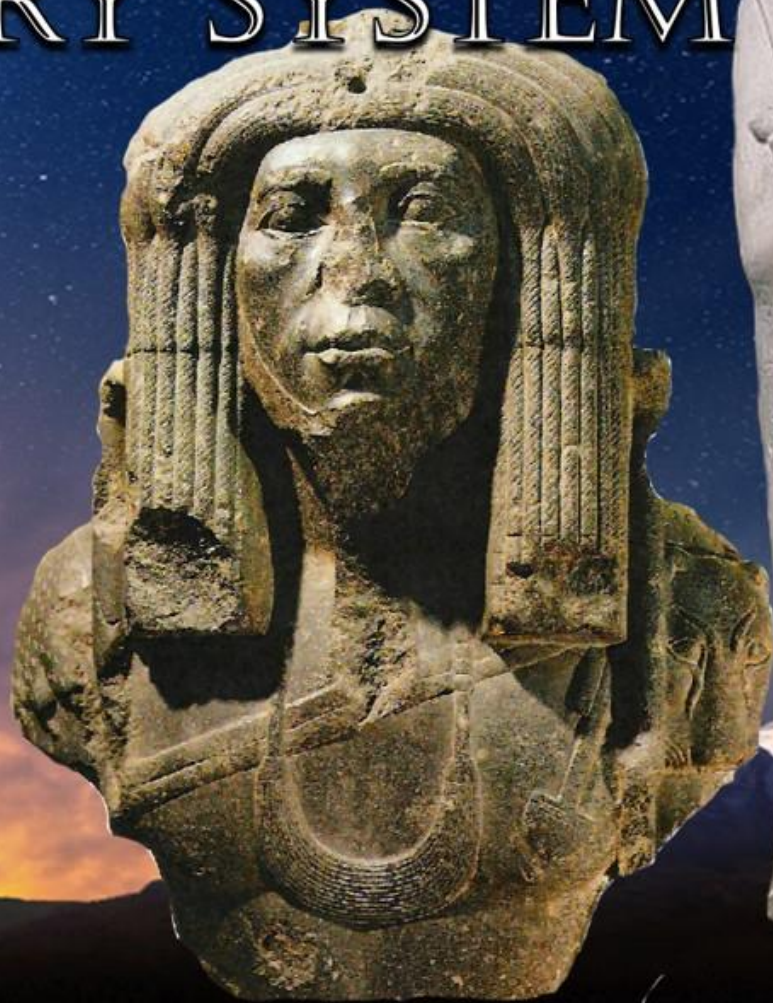


INTRODUCTION TO THE KEMETIC MYSTERY SYSTEM



Jabari Osaze
Heru Djedem Ma'at Aten-Ra
Hm Ntr en Tepy (Co-Chief Priest)
The Shrine of Ma'at

Kemetic Sacred Symbolism in Practice

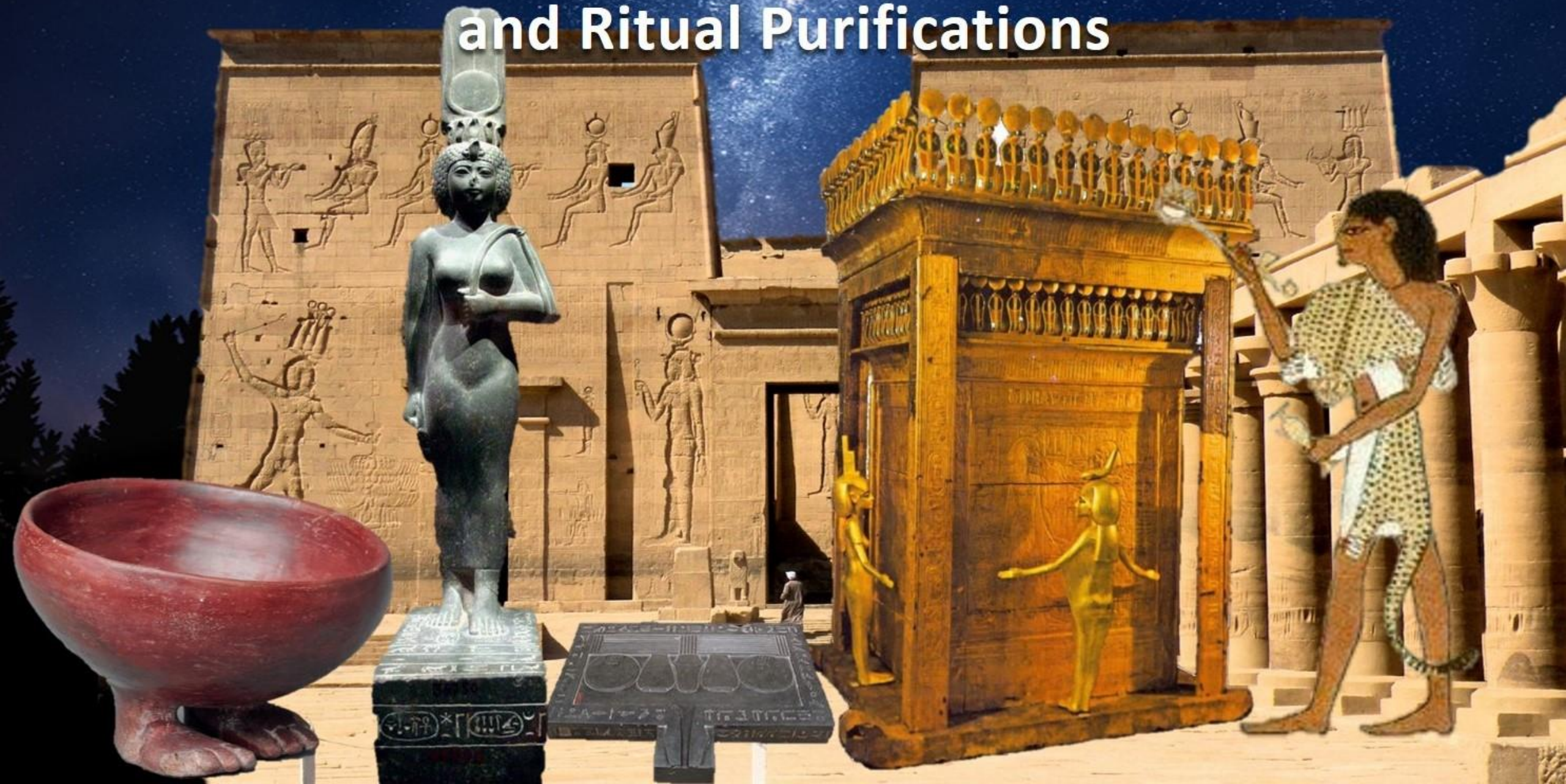
Summary



Discuss the following 2 other initiates that you did not know prior to your process.

1. Discuss how they think this process may assist them with making changes in their lives
2. What they see their ongoing role may be

Sebkhet 10: A Guide to Sacred Spaces, Altars, and Ritual Purifications



I: Sacred Spaces



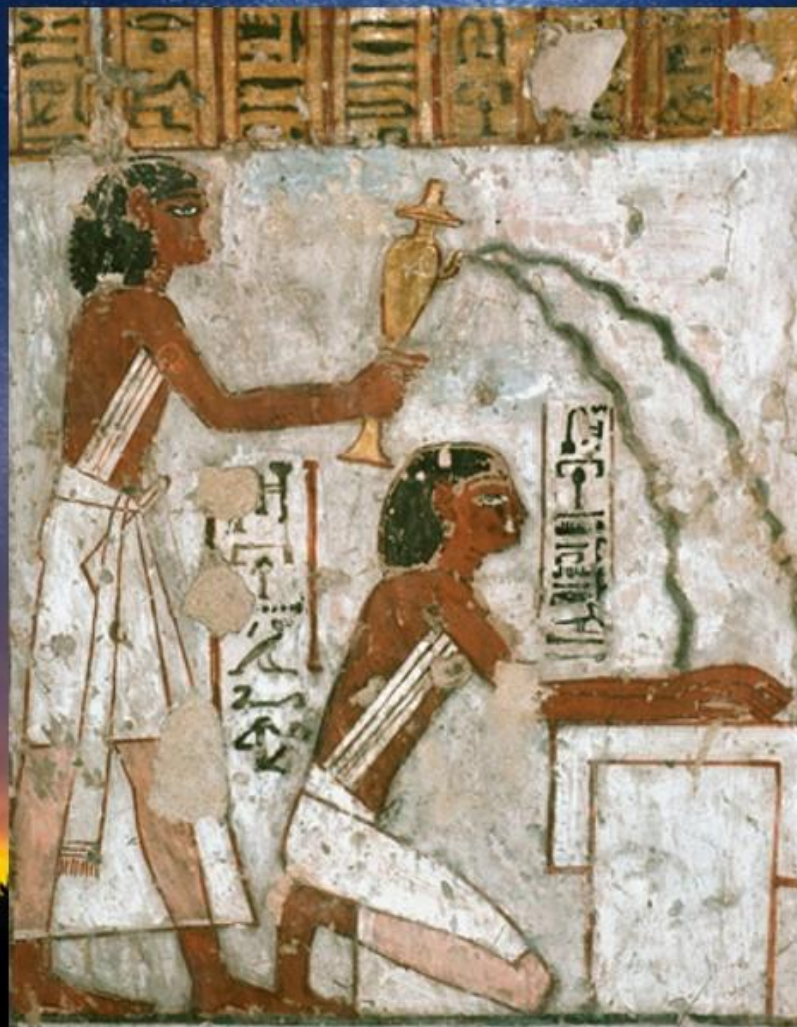
The Kemetic Temple

- Best examples of comp. purification protocol remains Kemetic Temple
- Uses Geographic position, elements, sound, dance, ritual, symbol, etc. for purification

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- In the morning, high priest breaks the seal, walks to statute of NTR with a torch, prays, uses incense, washes the statue (which may be solid gold), places fresh clothing and amulets on it and places offerings of food and drink near it. Singers offer hymns of praise.
- At the end of the day, the priest backs out of the shrine, sweeping away his footprints, and seals



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I: Sacred Spaces



The Kemetic Temple

- While on duty, priests had to take regular ritual baths (including cold water baths)
- Had to shave every day
- Could only wear linen clothing, no animal products
- No flesh could be eaten
- Other foods were prohibited as well (garlic, onion, etc.)

I: Sacred Spaces



Cleaning Your Kemetic Temple

- To purify first **MAKE SURE THINGS ARE CLEAN**
- Use natural products
- Fresh air and Sunlight are cleansing
- Use of plants to cleanse air
 - Peace lily, spider plant, dracaena, Boston fern, etc.
- Incense and/or sweetgrass or white sage; candles
- Sacred sound also effective
- **BE SURE TO CREATE YOUR SACRED SPACE!**



II: Altar Spaces



- Altars are simply an elevated space on which spiritual rites are performed
- Different types of altars: ancestral, sacrificial/spiritual, WOMBmanifestation, subliminal, etc.

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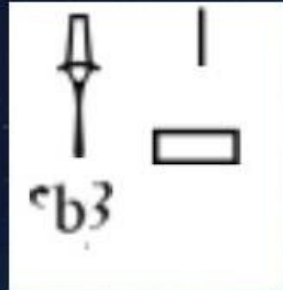
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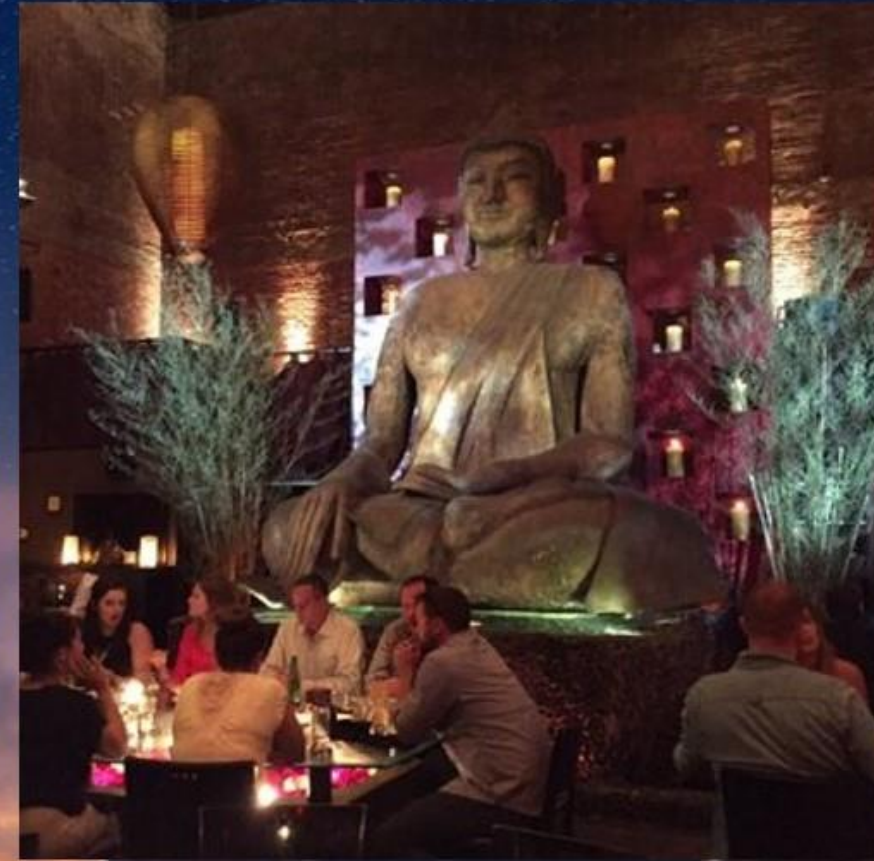
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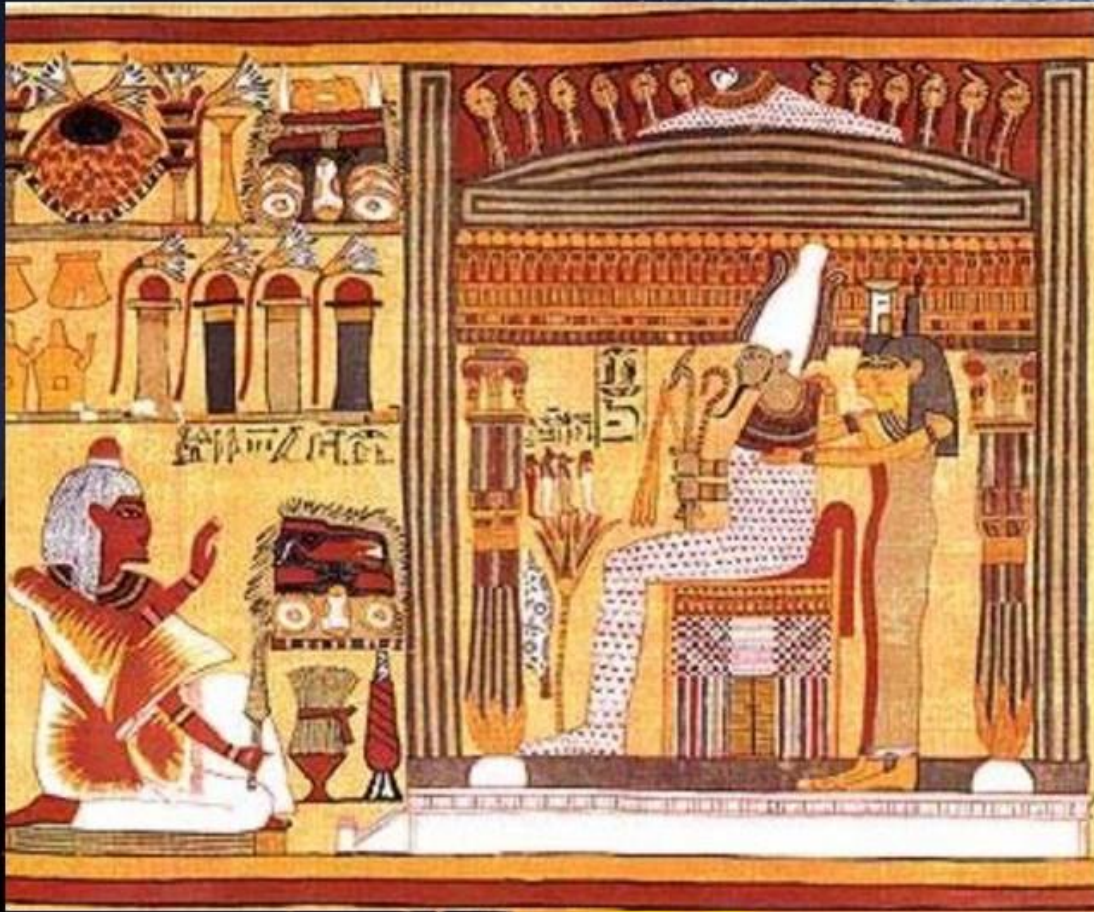
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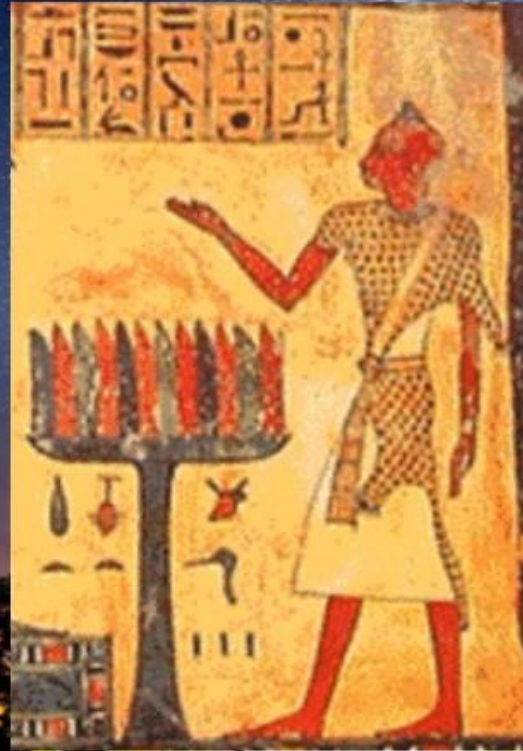
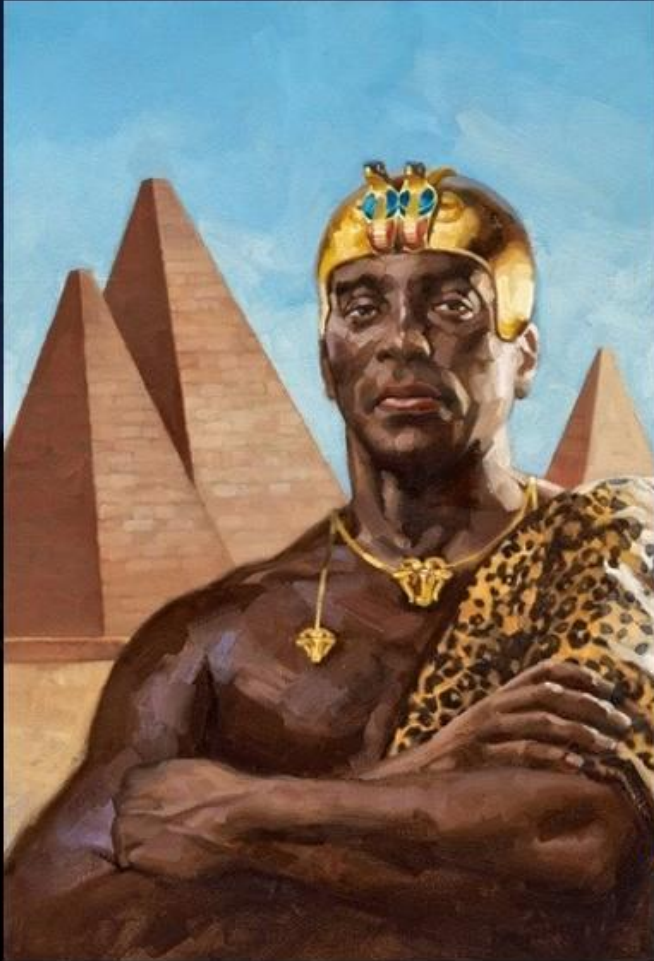
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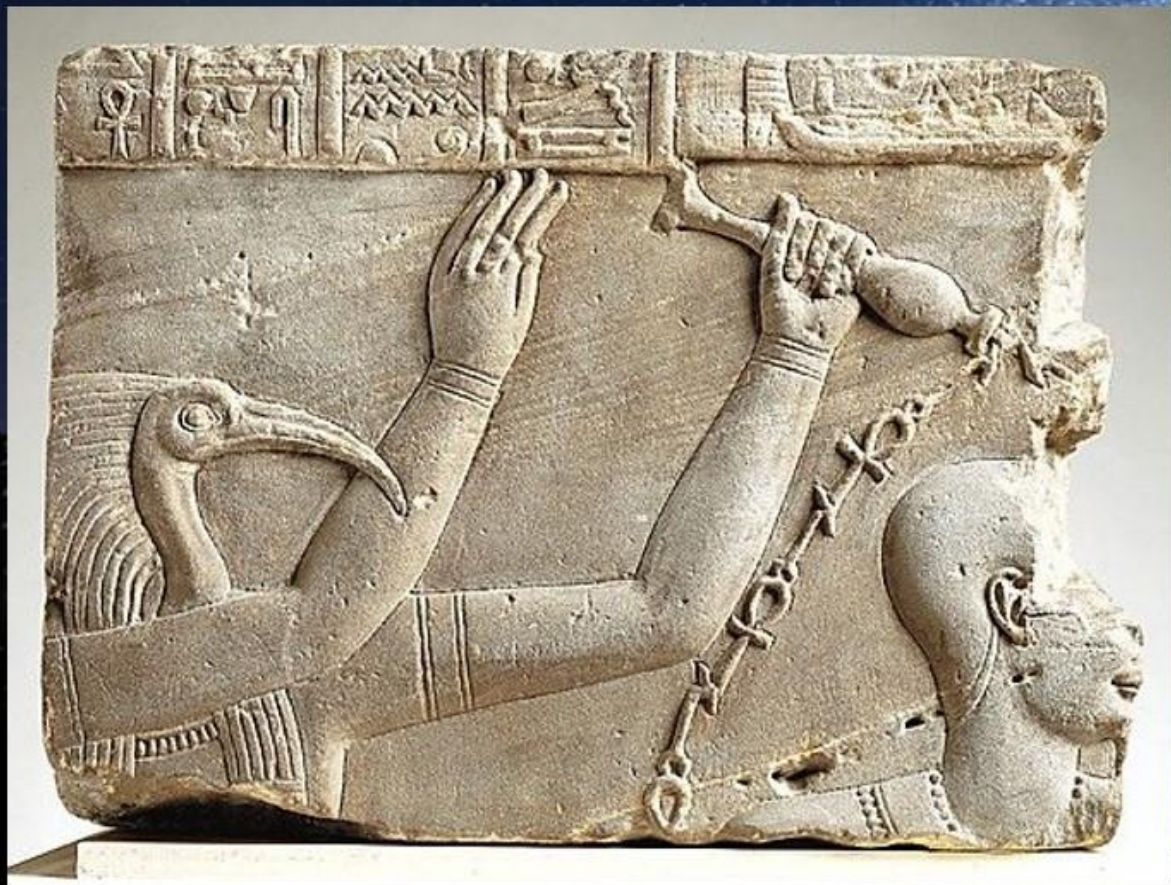
- Altars work is most important responsibility (spending time bringing into being or accessing divine energy)
- Items for your altar: plants, images of divine energy, candles, elements?, incense, images of ancestors, promises/communication

III: Ritual Purification



- Ritual purification has been important in Kemet/Ancient Africa since time immemorial
- Qustul Incense Burner
- Piye's March into Kemet:
 - "When ye arrive at Waset (Luxor), before Ipet Isut (Karnak), ye shall enter into the water, ye shall bathe in the river, ye shall dress in fine linen, unstring the bow, loosen the arrow. Let not the chief boast as a mighty man; there is no strength to the mighty without him, He maketh the weak-armed into the strong-armed, so that multitudes flee from the feeble, and one alone taketh a thousand men. Sprinkle yourselves with the water of his altars, sniff the ground before him.

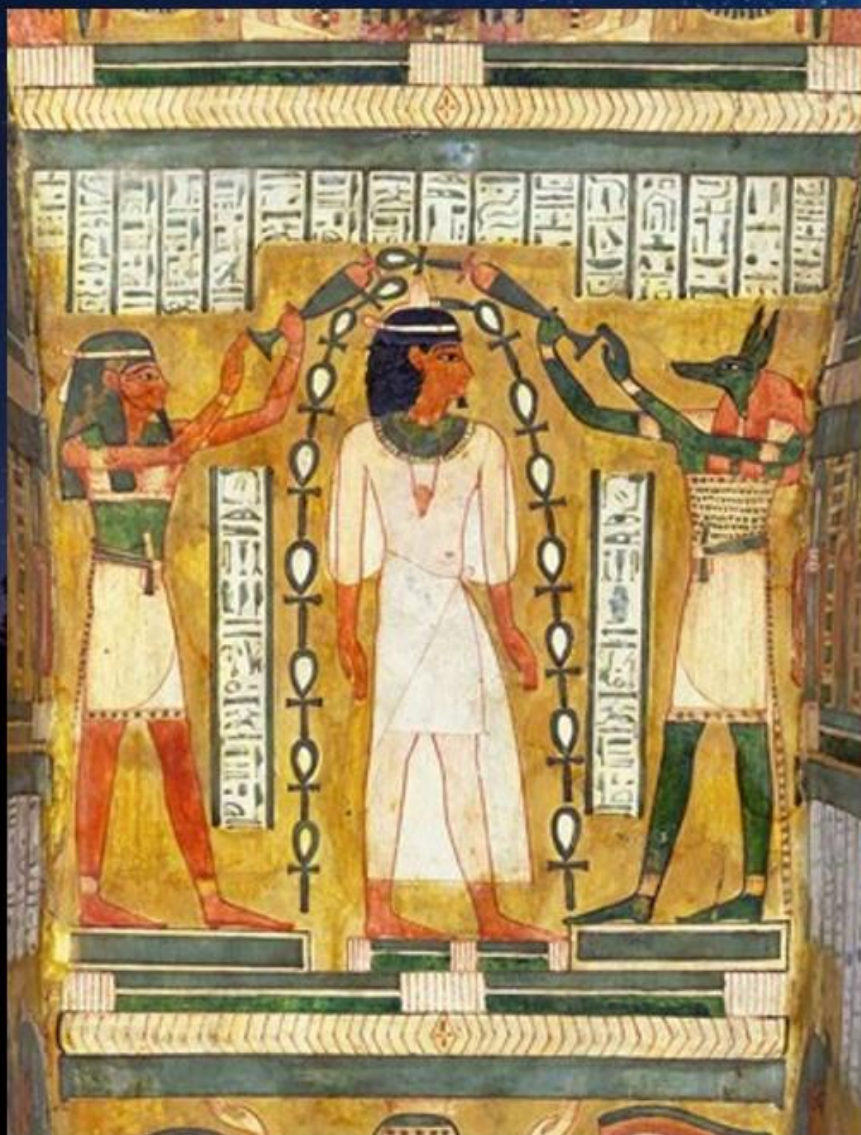
III: Ritual Purification



Types of purification:

- Smudging
- Nu Cleansing
- Anointing with oils or other substances
- Baths
 - Coffee, Peppermint, Rose Water, Natural Salt, Baking Soda, Essential Oils (Lavender, etc.), Florida water (blend of dissolved essential oils in alcohol, including lemon oil, orange oil and lavender oil), basil
- Fasting (dietary, items or processes that are enjoyed)

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Aspects of the FAST

Begins May 29th



- 2 week vegan fast
- 1 week of ALL fresh, raw fruits and vegetables (salads, organic best)
- 1 week of fresh fruit and/or vegetable juices
- 1 gallon of water/day during fast
- 3 pills of goldenseal root each day
- Daily enema
- Kidney liver flush each morning
 - 1 tablespoon cold-pressed extra-virgin olive oil
 - Juice of 1 lemon
 - Healthy dash of cayenne
 - 1 cup of filtered water
 - 1 crushed garlic clove

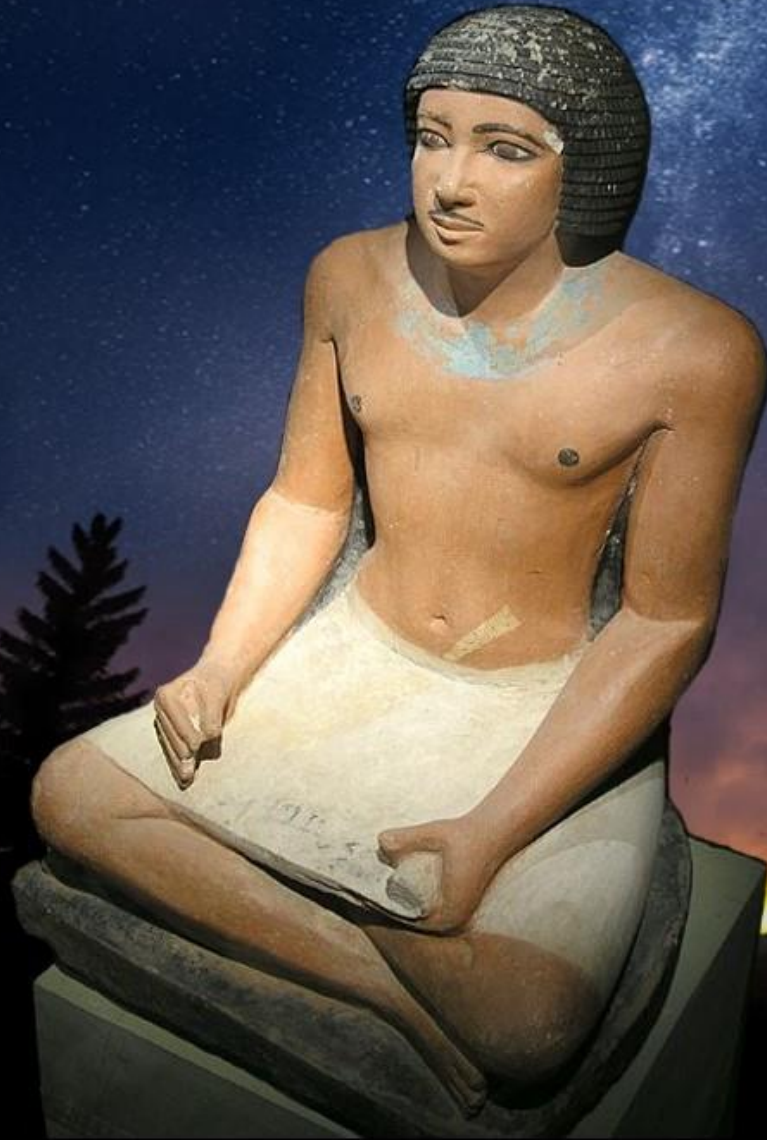
The African Center Tour of the Metropolitan Museum of Art

June 4 - 11 AM



Shem em Hetep!!! Go Forth in Peace!!!

Next Sebkheth: Kemetic Yoga with Yirser Ra Hotep



1. Prepare a spiritual bath and tell your fellow Hem Senu about experience
2. Talk to group about your altar
3. Take a picture of an altar that is NOT YOURS and send to group