

INTRODUCTION TO THE KEMETIC MYSTERY SYSTEM



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Aten-Ra
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The Shrine of Ma'at

32191.

Sebkhet Review: The Wisdom in the Kheper

Behaviors Holding Me Back	<u>Sebkhet 1</u> Corresponding Thoughts	Being KHEPER Thoughts/ Actions
Often Late	<ul style="list-style-type: none">• I never have enough time• It doesn't matter whether I get there on time• I'm NEVER on time	<ul style="list-style-type: none">• <i>I am HERU ... I am the master of time</i>• How do I plan my day?• I'm usually 5 mins. Late ... How do I save 5 mins?

Doing the Work of the Shrine of Ma'at

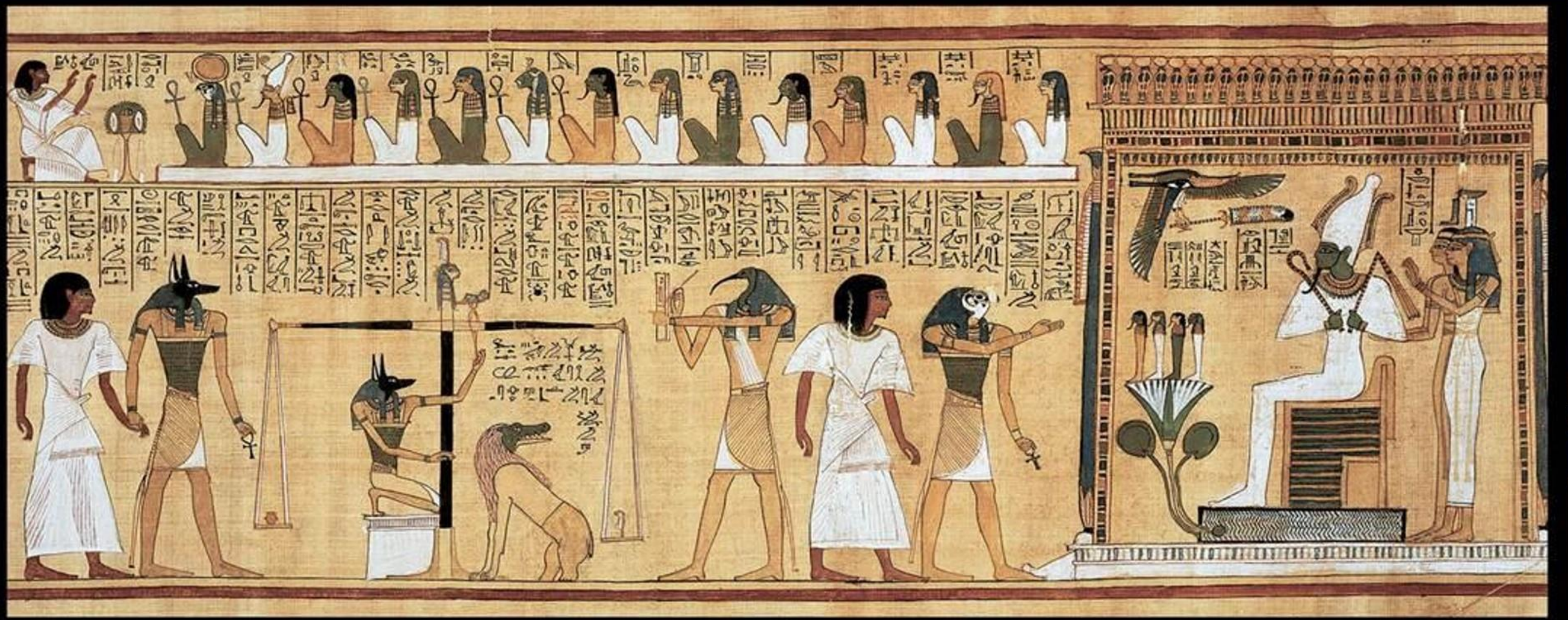
- **Prison Outreach Committee**
- **Youth Work Committee**
- **Elder Outreach Committee**
- **Kemetic Legacy Today**
- **Ancient Wisdom Daily/Spiritual Brochure Committee**
- **Senet Committee**



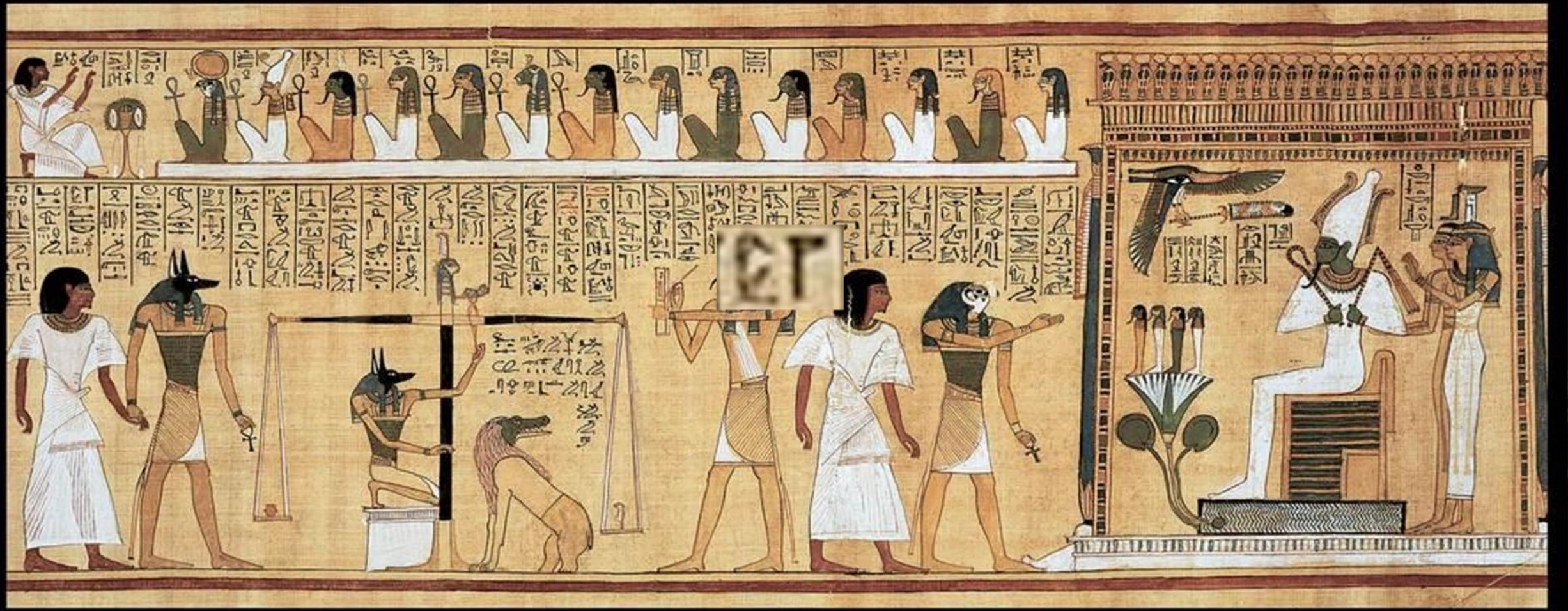
Sebkhet 7: Introduction to Invoking the Neteru



Understanding the Term “Neter”



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Understanding the Term “Neter”

NTR

- Often pronounced “Netcher”, “Neter”, or even “N-ter”
- Includes both FEMALE (T) and Male (R) sounds
- Described as Flag or Ax
- Probably origin of words NATURE
- Sometime word is simply glyph of NTR with curved beard

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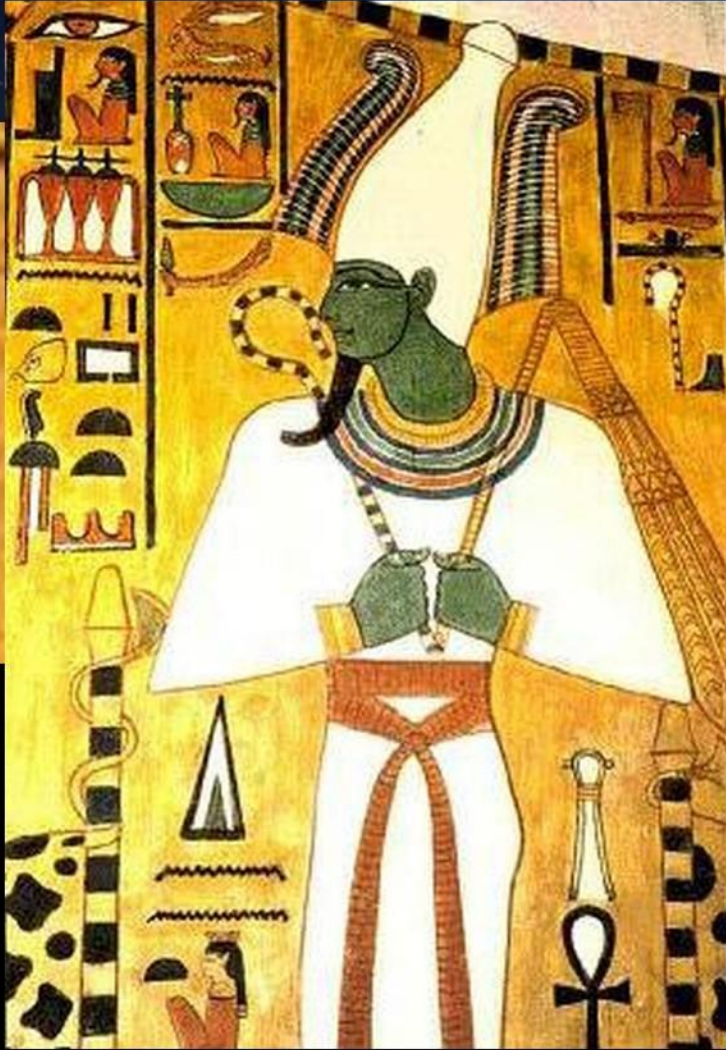
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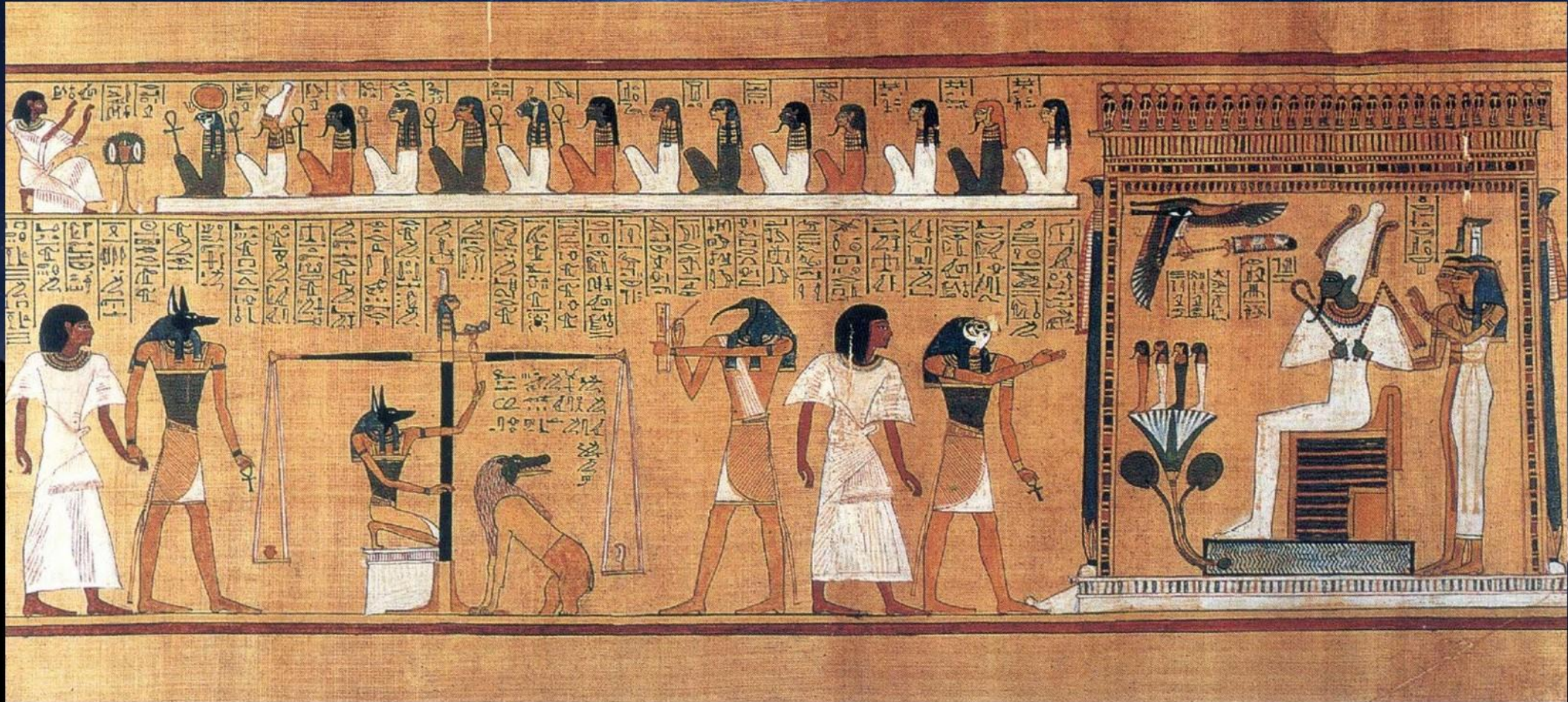
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Kemetic Spirituality: Monotheism or Polytheism?



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Bast



Sekhmet

Kemetic Spirituality: Monotheism or Polytheism?



Ptah

Kemetic Spirituality: Monotheism or Polytheism?



Ptah



Kemetic Spirituality: Monotheism or Polytheism?



Hermopolis

Nu
(Formlessness)

Naunet

Hu
(Infiniteness)

Hauhet

Kuk
(Darkness)

Kauket

Amun
(Hiddenness)

Amaunet

Kemet's Primary Neteru



Kemet's Primary Neteru



Ausar (Osiris)	Ast (Isis)	Heru (Horus)	Het-Heru (Hathor)	Tehuti (Thoth)	Ma'at	Sekhmet	Seshat
Green/ Black	Blue/Red	Red&White	Green/Orange	Yellow	Blue/White	Red/Orange/Gold	Green/Yellow
Beer/Grain /Vegetation	Water/Milk	Coffee?	Cosmetics /Sesheta/Mirror	Ink/Clock/Ginko	Feather/Scales	Cayenne/Hot Sauce?	Ink/Palette

Mechanisms of Invocation



- Meditation
- Hekau
- Alter Work
- Diet
- Color Usage

Creating Your Alter



Up Next!!

The Center for the Restoration of Ma'at
Presents

African Centered Tour of the Egyptian Wing of the Boston Museum of Fine Art

Saturday, April 29th at 12 Noon



\$30 for adults,
\$20 for students over 12 years old



Tour led by
Jabari Osaze



Sponsored by the Shrine of Ma'at



Central Park Wild Herb Walk

Saturday, May 6th
10AM Sharp
(Meet @ the 59th Street &
Columbus Avenue entrance)



\$20 for adults
\$12 children

You will learn:

- Which plants are edible and which to avoid
- How to use these plants in vegetarian recipes
- Which plants have healing and medicinal properties

Items to Bring:

- A note pad and pen (or tablet)
- Camera
- Bug repellent
- Small cutting knife & digging trowel
- Gardening gloves
- Umbrella/ poncho
(in case of rain)
- Bottled water
- Walking shoes

Abut Yendys Nefer-Atum,
Owner, Cowrie Shell Center
Proprietor, Ancient Blends hair products



Register at: www.shrineofmaat.org/events

For more information, call 646-853-0496



Shem em Hetep!!! Go Forth in Peace!!!

Next Sebket: Introduction to the New Kingdom

Prepare an alter, take a picture, and email to the group describing the energy you sought to invoke

