

INTRODUCTION TO THE KEMETIC MYSTERY SYSTEM



Jabari Osaze

Heru DjedemMa'at Aten-Ra

Hm Ntr en Tepy (Co-Chief Priest)

The Shrine of Ma'at

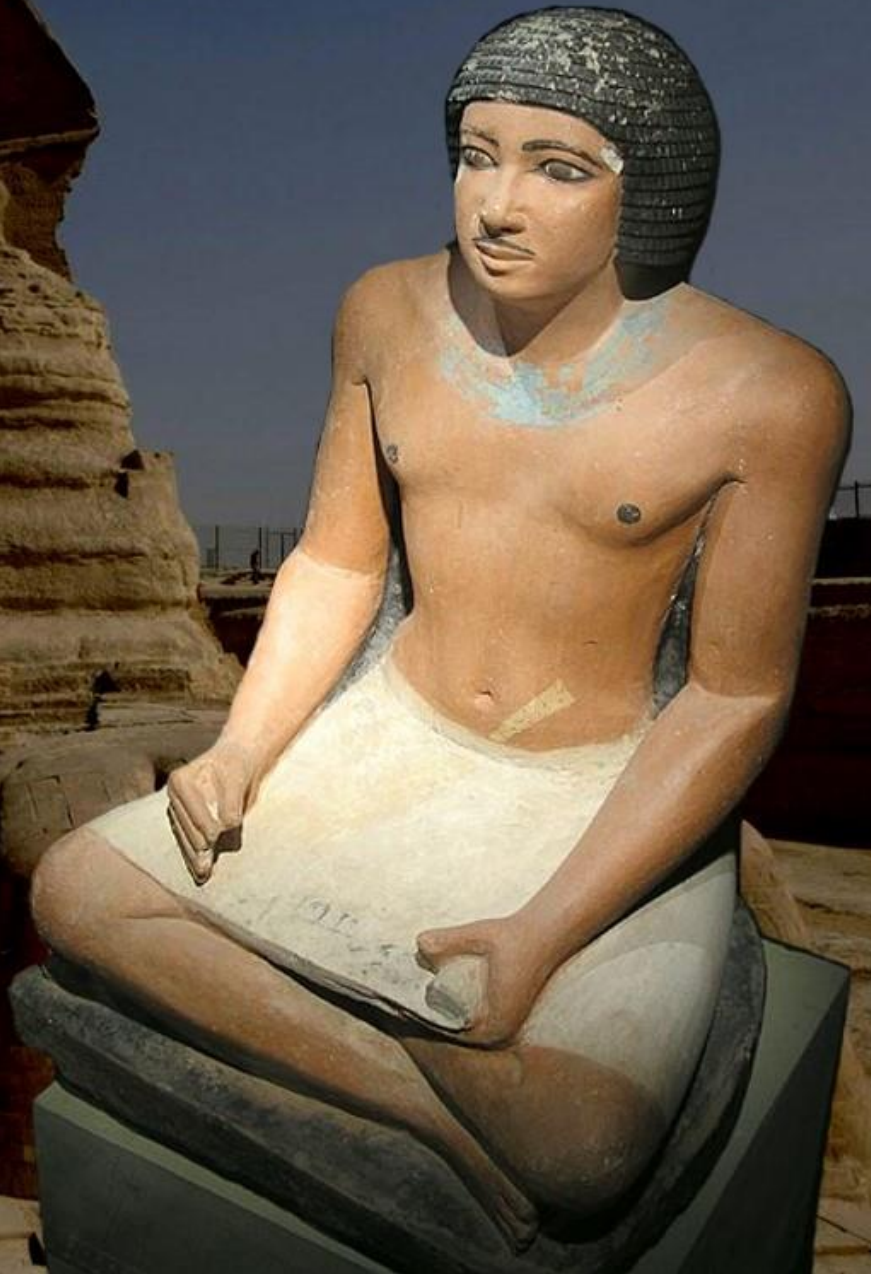


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Kemetic Sacred Symbolism in Practice

Summary

Take a picture of a Kemetic Symbol that you find in your environment. Email the picture with the description and explain why you believe the symbol was used.



Sharpening the Third Eye

Understanding Kemetic Symbols Continued



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Understanding Kemetic Symbols Continued



End of the Old Kingdom: Pepi II

Ruled from 2278 – 2184 BCE

- Comes to throne at age of 6, Mother serves as regent
- Rules for 94 years – longest reign of any ruler in history
- As a young child wrote letter to Harkuf, who led expedition to Nubia, to bring “dwarf” back safely. This diminutive African was reputed to know the “divine dances”
- Also sends expedition to Punt (Ethiopia, Somalia, or Kenya)
- Advanced age may have contributed to relative strength of nobles and weakening of centralized power. Intermediate period follows
- Only three statues of Pepi II still exist including magnificent article in Brooklyn Museum



Pepi II and
Ankhnesmeryre II

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Pepi II and
Anknesmeryre II

Queen Nitocris: First Female to Rule Kemet?



- Manetho and Herodotus list Queen Nitocris as first Solitary Female Ruler
- If she is historical, she may have been the sister of Merenre and daughter of Pepi II
- Herodotus claims that she succeeded her brother who was killed by his subjects
 - After taking the throne she invites them to a banquet, closes the room and drowns them with water from Hapi
 - She then escapes her captives by running into a burning room
 - Claims she is the builder of the 3rd Mrkhut on Giza Plateau
- Once believed to be on Turin Kings Lists but recent microscopic anal. Seems to prove the segment was misplaced

The Return of African Rule: The Middle Kingdom Begins

11th Dynasty – The Intef Kings

- The movement toward the re-establishment of native rule begins under Theban (Wasetian) kings calling themselves Intef
- The Intef kings begin battles with the Asiatic Rulers which span over 90 years
- Intef kings write their Heru names in a serekh; they describe their divine purpose:
 - Sehartawy - “Maker of the Peace in the Two Lands”
 - Wahankh – “Forceful Life”
 - Nakjebtepnefer – “Beautiful and Strong Champion”
- These kings are probably not entirely successful in re-uniting the Kemet



Intef I

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Intef III

Africa Victorious: Magnificent Mentuhotep

11th Dynasty – Mentuhotep Reunites Kemet

- Mentuhotep (Mentu is Pleased) continues the push from the African interior to finally defeat the Herakleopolitan rulers (Year 14)
- He takes 3 Heru names
 - He who gives his heart to the Two Lands
 - Lord of the White Crown
 - Uniter of the Two Lands
- Reigns for 50 years in a period of relative peace
- Military actions against Canaan and Nubians
- Buries 60 Bodies of Soldiers who fought with him at his temple at Deir el-Bahari
- Considered a major ruler by Kemetite rulers who succeed him
- Has several wives including Tem, Neferu, and other who some argue are Nubian



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Africa Victorious: Magnificent Mentuhotep



Djeser Djeseru: Hapshepsut's
Mortary Temple

Africa Victorious: Magnificent Mentuhotep



Lincoln Memorial

**Ruins of the Mortuary
Temple of Mentuhotep I**



More on Mentuhotep I ...



Models from the Tomb of Meketre

More on Mentuhotep I ...

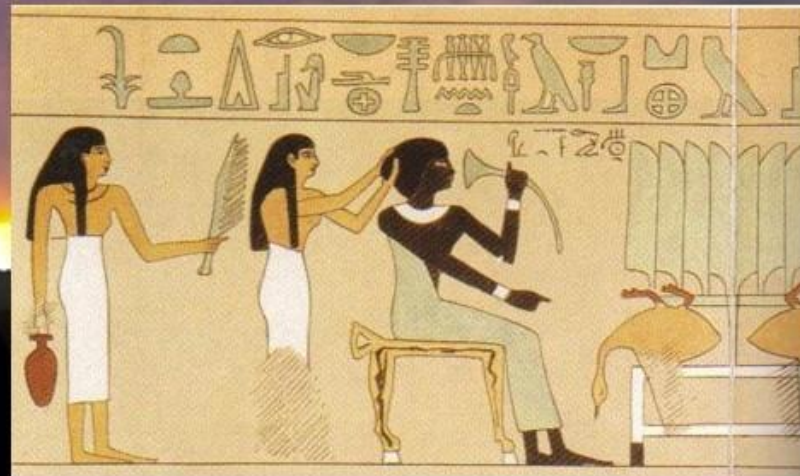


Brave Nubian Soldiers

More on Mentuhotep I ...



The Wives of Mentuhotep I



12th Dynasty: The Legacy Continues



Senusret III

- Reigns 45 years, artifacts display him with drawn face
- 6'6" Tall, curtailed power of nomarchs
- Led brutal campaign in Nubia



Amenemhet III

- Reigns 45 years like his father; Economic boom period for Kemet
 - Farm at Faiyum and turquoise mine @ Sinai
- Builds 2 Mkkhuti at Dashur (abandoned) and Hawara (burial)
- Hawara mrkhut has "labyrinth" building 1000 by 800'
 - Herodotus and Strabo amazed, but destroyed



12th Dynasty: The Legacy Continues ... Until



Amenemhet IV

- Little is known about him
- May have only served as a co-regent with his father
- Has no heirs



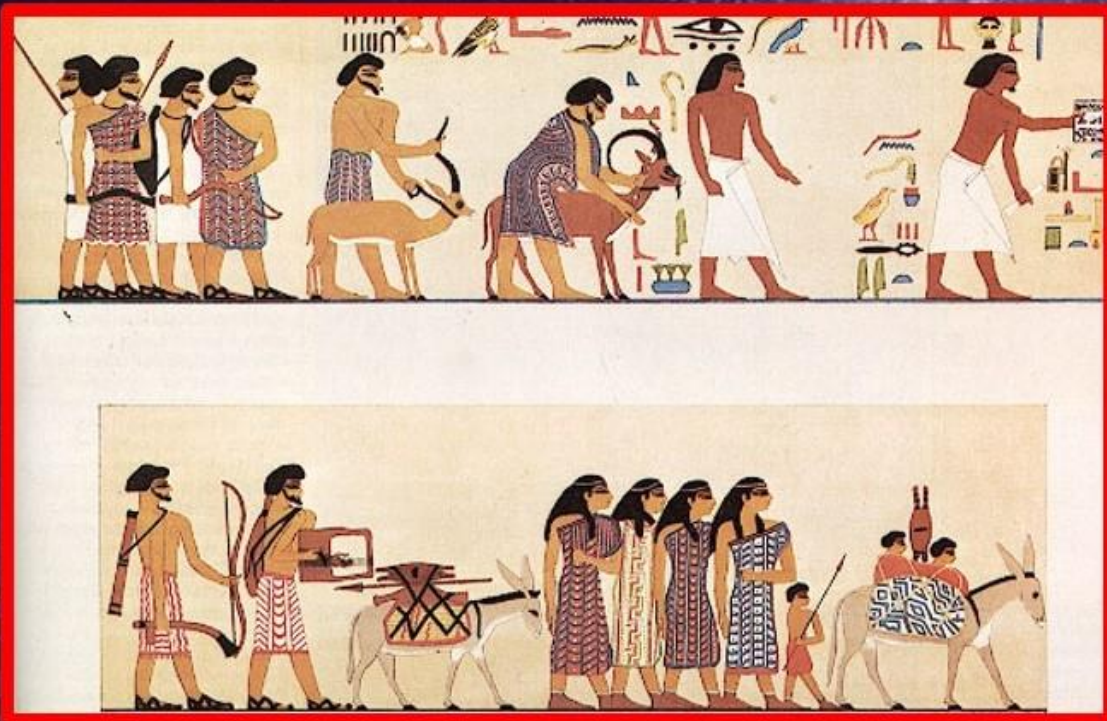
Queen Sobekneferu

- May have served as co-regent, daughter of Amenemhet III
- Comes to reign in her own right for 3 yrs., 10 mos., 22 days (Turin Papyrus)
- Extends father's building at Hawara



- *Both rulers may be the owners of 2 unassigned mrkhuti*
- *Lack of heir during 2 short reigns may have led to waning of Kemet's power and the Second Intermediate Period*

15th Dynasty: Hyksos (Desert Princes) Arrive



Depiction of Asiatics allowed to enter Kemet in tomb of Khnumhotep at Beni Hassan under Senwosret II (c. 1900 BC)



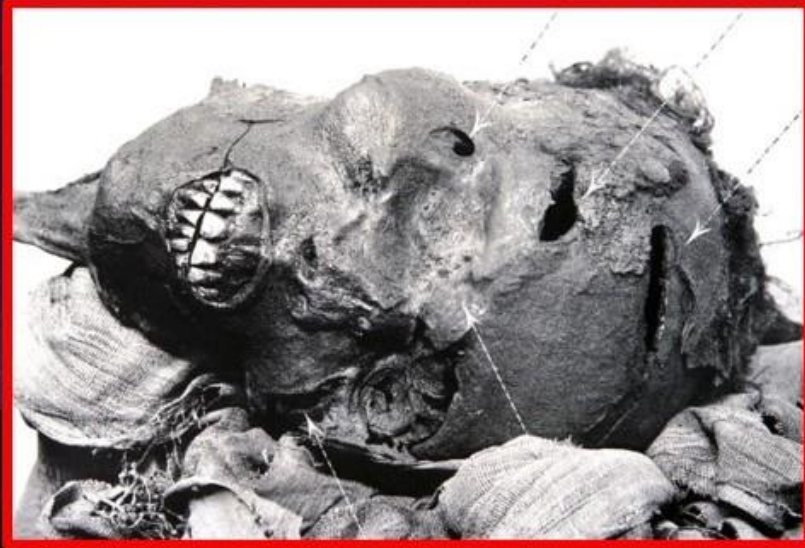
Hyksos Kheper without Glyphs on Back



Marriage Kheper of Amenhotep III

- Probably hail from Caanan to take control of Kemet from Eastern Desert and Delta
- Set up marshy capital in Delta named Avaris (origin of avarice?), Sack Men-Nefer
- Lasts over 200 years, introducing Reshep and finding connection with Set
- Maintain foreign relations (Minoan wall painting and Shen of 3rd King found in Crete)
- Were skilled archers and introduce horse and chariot (advantage)
- While illiterate, become quite arrogant

African Insurrection: The Battle with the Hyksos



Seqenenre Tao II

- 17th Dynasty kings have some influence in most of Upper Kemet (from Waset)
- Letter from Hyksos Apepi I complains of Hippopotami noise 500 mi. away
- Seqenenre was probably killed in battle
- Sons Kamose and Ahmose succeed him (respectively)



Kamose

- Kamose continues battle to expel Hyksos
- Carnarvon Tablet states Kamose should not upset balance of Hyksos in North and Nubians South of Elephantine
- Led surprise attack but only ruled for 3 yrs.
- Ahmose succeeds Kamose and continues insurrection

Indigenous African Rule Returns: Expulsion of the Hyksos



King Ahmose

Indigenous African Rule Returns: Expulsion of the Hyksos



Founder of the Glorious 18th Dynasty

- King Ahmose comes to throne after father and brother are killed within 3 yrs.
- Probably too young to rule; Queen Aahotep rules initially as Co-regent
- Queen Aahotep and later Ahmose finally expel Hyksos
- Autobio. of Ahmose, Son of Ebana describes:
 - Sacking of Avaris
 - Chasing Hyksos to Palestine to siege town of Sharuhen
 - Battles with Nubians to expand Kemet
 - Receives medals of the “Order of the Golden Fly”

Consolidating the Reconstituted Empire:

Kemet Rises Once More



King Amenhotep I

King Ahmose

- **Autobio. of Ahmose, Son of Ebana describes:**
 - **Sacking of Avaris**
 - **Chasing Hyksos to Palestine to siege town of Sharuhen**
 - **Battles with Nubians to expand Kemet**
 - **Closes Syrian Border**
 - **Gives considerable power and land to governors of the nomes**
 - **Receives medals of the "Order of the Golden Fly"**

King Amenhotep I

- **Son of Ahmose and Ahmose-Nefertari**
- **Continues military campaigns in Nubia and possibly Libya**

Preparing for the FAST

Understanding the Origins of the Kemetic Diet



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70

ANN MACY ROTH

JEA 79

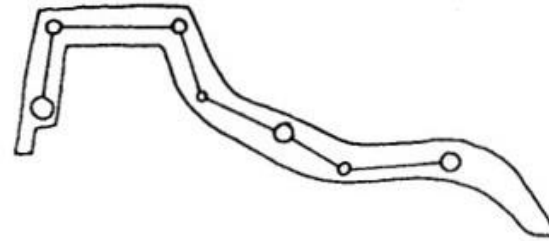


FIG. 9. The constellation *Ursus Major* interpreted as an adze.

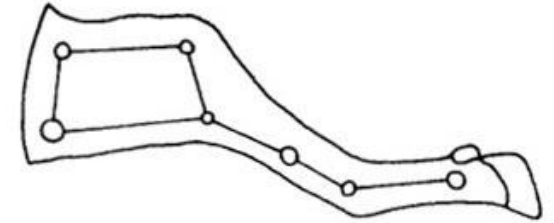
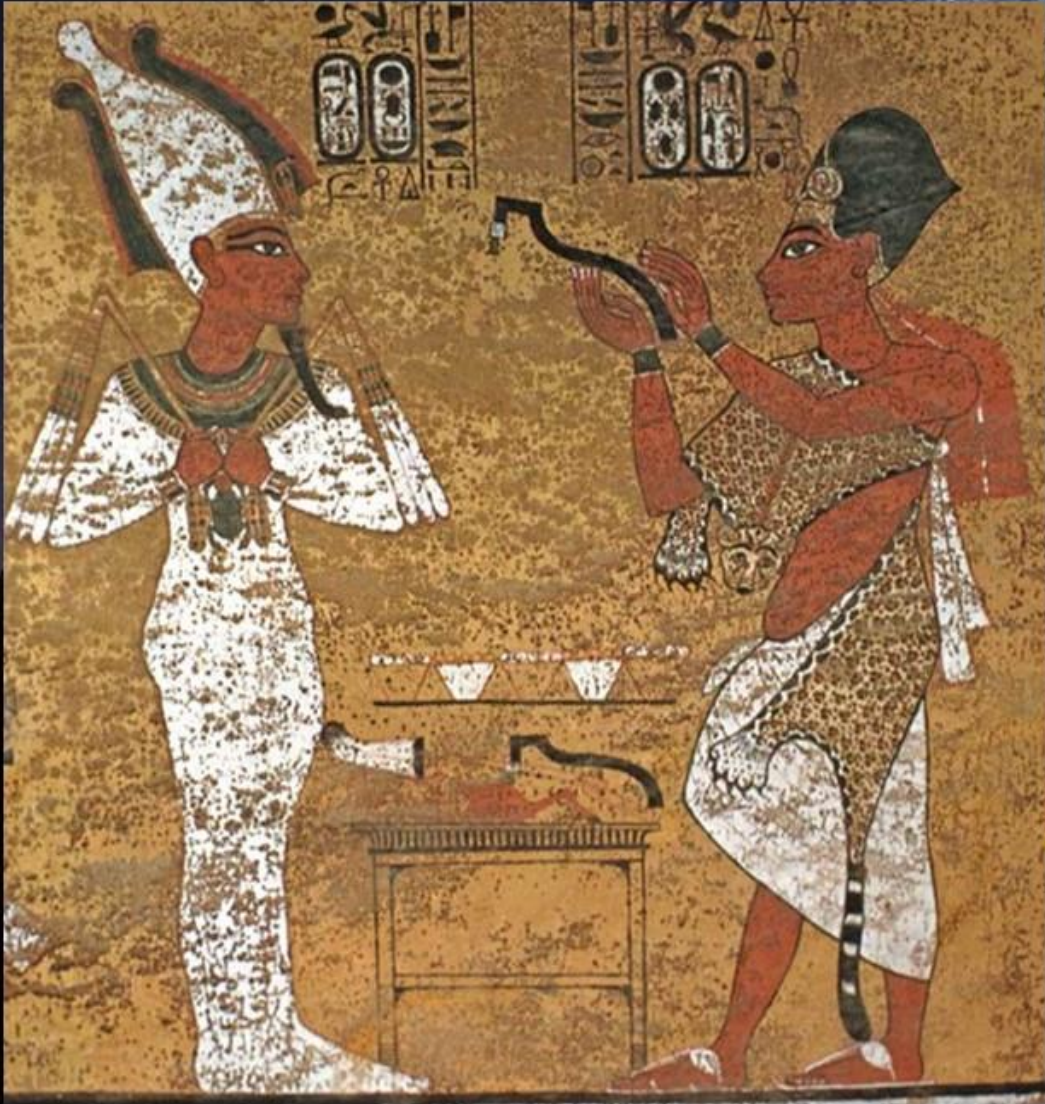


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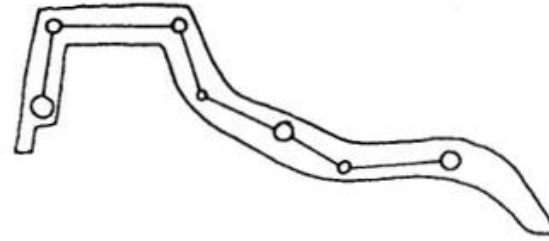


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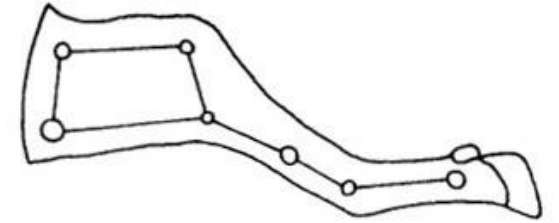


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Aspects of the FAST

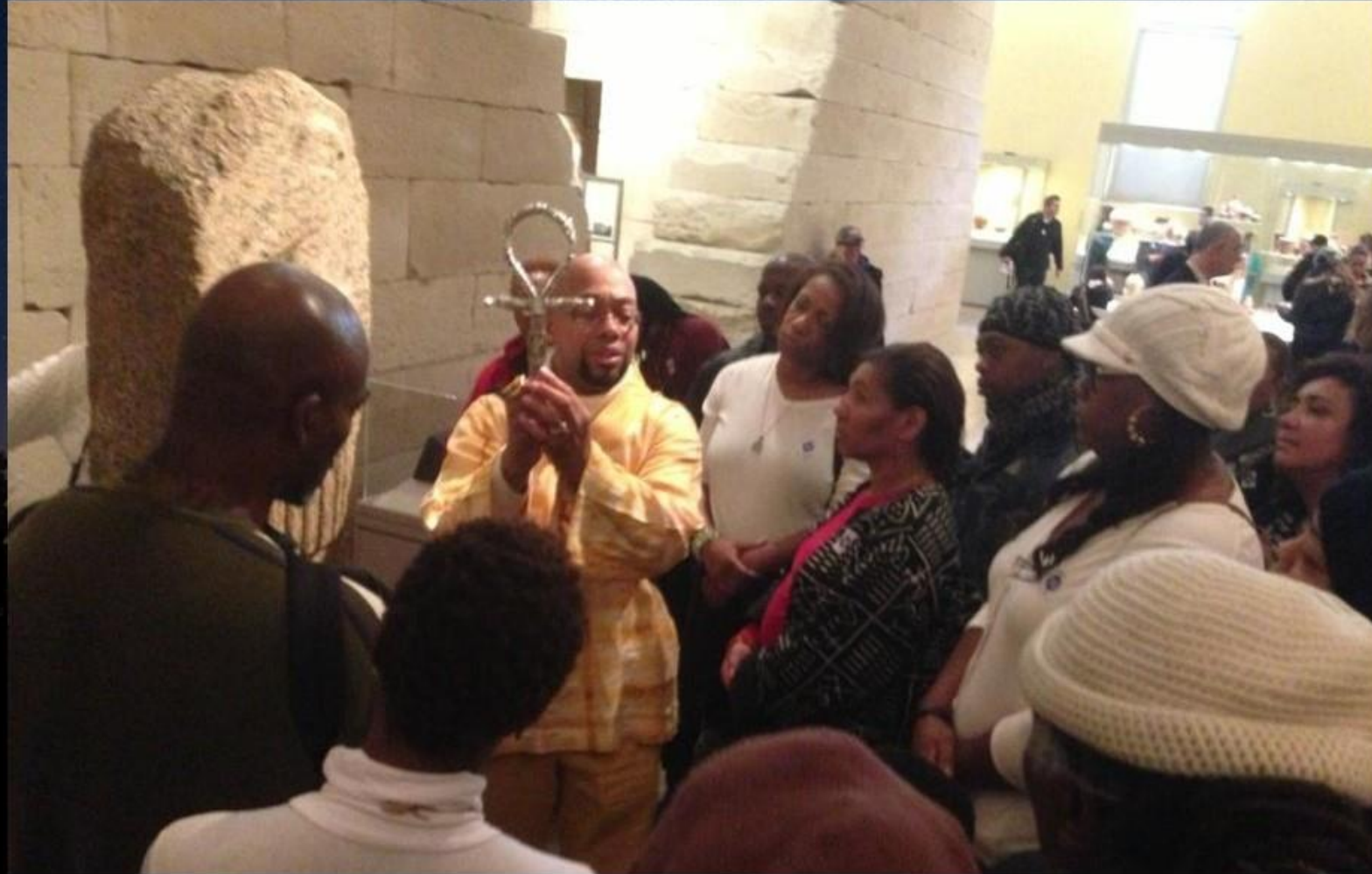
Begins May 29th



- 2 week vegan fast
- 1 week of ALL fresh, raw fruits and vegetables (salads, organic best)
- 1 week of fresh fruit and/or vegetable juices
- 1 gallon of water/day during fast
- 3 pills of goldenseal root each day
- Daily enema
- Kidney liver flush each morning
 - 1 tablespoon cold-pressed extra-virgin olive oil
 - Juice of 1 lemon
 - Healthy dash of cayenne
 - 1 cup of filtered water

The African Center Tour of the Metropolitan Museum of Art

June 4 - 11 AM



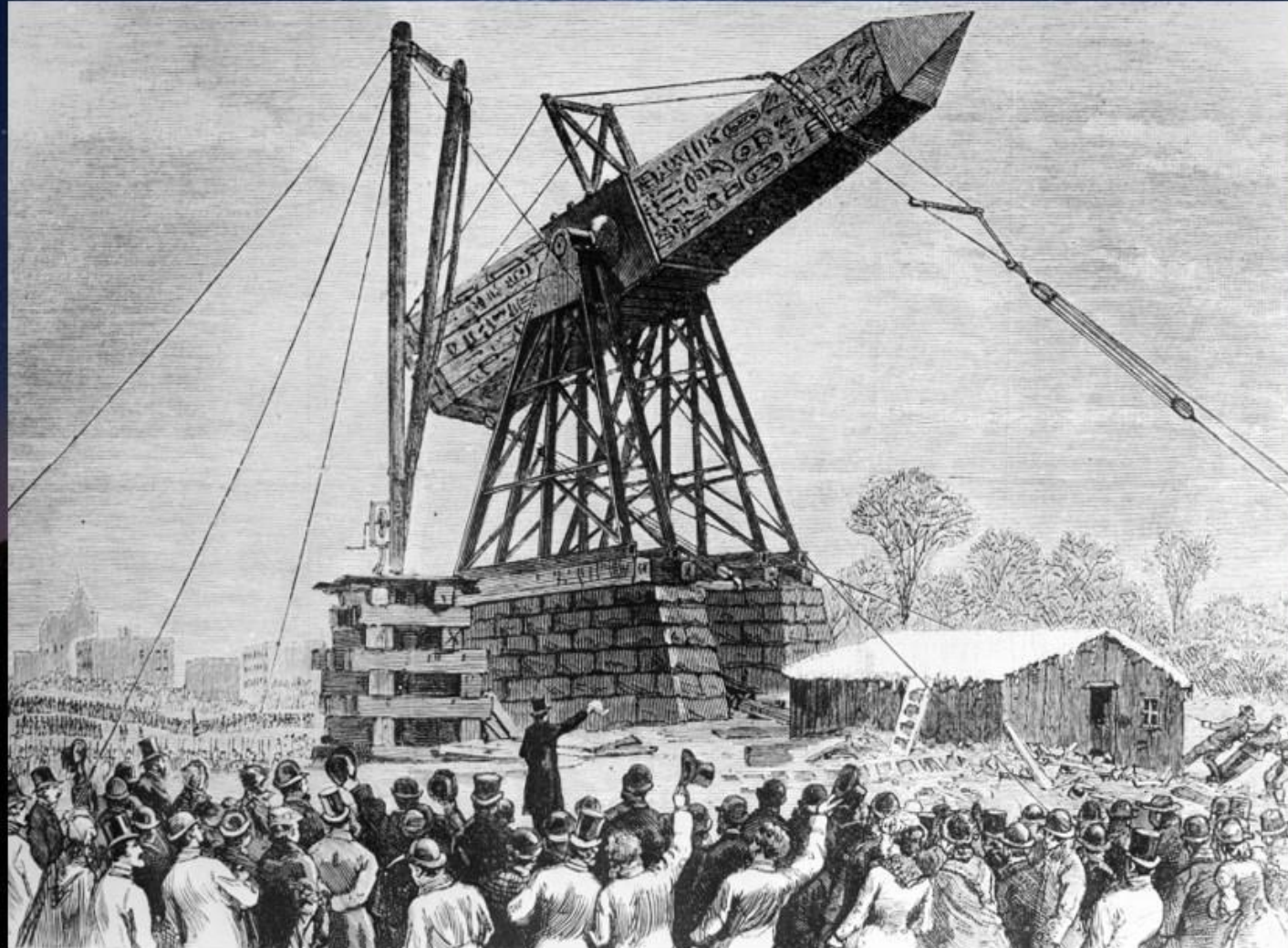
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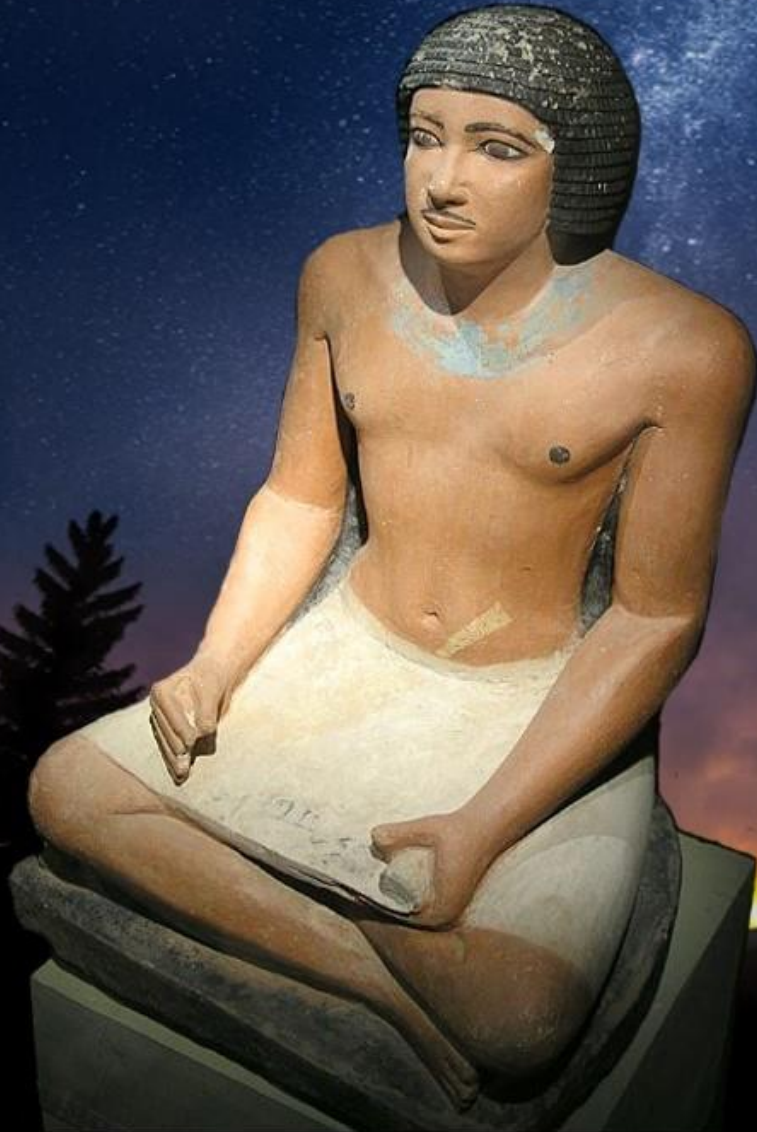
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Shem em Hetep!!! Go Forth in Peace!!!

Next Sebkhet: Introduction to the New Kingdom



Discuss the following 2 other initiates that you did not know prior to your process.

1. Discuss how they think this process may assist them with making changes in their lives
2. What they see their ongoing role maybe